

The Amazing Teen Brain: A Work in Progress

Suggested Readings

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- Rossi, Ernest, *The 20 Minute Break: The New Science of Ultradian Rhythms*, LA: Tarcher, 1991.
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- Snyder, Solomon H. *Drugs and the Brain*. New York: Scientific American Library, 1999.
- Stoll, Andrew, MD. *The Omega-3 Connection*. New York: Simon and Schuster, 2001.
- Strauch, B. *The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us About Our Kids*. New York: Doubleday, 2003.
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